

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 1  
1-3-2026

Dames, 400m vrije slag  
Zeeuwse kampioenschap

12 jaar en ouder  
Resultaten

| rang                    | naam              | vereniging          | intijd        | tijd          | RT             |
|-------------------------|-------------------|---------------------|---------------|---------------|----------------|
| <b>12 - 13 jaar</b>     |                   |                     |               |               |                |
| 1.                      | Indy Verbist      | De Marlijn (SG)     | 5:28.62       | 201200286     | <b>5:19.27</b> |
|                         | 50m: 34.37        | 150m: 1:53.91       | 250m: 3:17.20 | 350m: 4:39.78 |                |
|                         | 100m: 1:13.39     | 200m: 2:35.44       | 300m: 3:58.82 | 400m: 5:19.27 |                |
| 2.                      | Faya Hamelink     | De Schelde          | 7:00.00       | 201201786     | <b>6:52.70</b> |
|                         | 50m: 45.99        | 150m: 2:29.24       | 250m: 4:18.89 | 350m: 6:06.14 |                |
|                         | 100m: 1:37.16     | 200m: 3:23.94       | 300m: 5:13.74 | 400m: 6:52.70 |                |
| AFGEM                   | Louzèl Stuurup    | ZPC De Zeeuwse Kust | 5:48.46       | 201300984     |                |
| <b>14 - 15 jaar</b>     |                   |                     |               |               |                |
| 1.                      | Carlijn Dezutter  | Scheldestroom       | 5:02.95       | 201100770     | <b>4:53.34</b> |
|                         | 50m: 32.01        | 100m: 1:06.76       | 200m: 2:20.26 | 400m: 4:53.34 |                |
| 2.                      | Marieke van Voren | Scheldestroom       | 5:30.78       | 201100358     | <b>5:27.31</b> |
|                         | 50m: 36.11        | 150m: 1:56.29       | 250m: 3:21.39 | 350m: 4:46.45 |                |
|                         | 100m: 1:15.26     | 200m: 2:39.21       | 300m: 4:04.34 | 400m: 5:27.31 |                |
| <b>18 jaar en ouder</b> |                   |                     |               |               |                |
| 1.                      | Maud Ruitenbeek   | ZPC De Zeeuwse Kust | NT            | 200501894     | <b>5:47.29</b> |
|                         | 50m: 37.85        | 150m: 2:04.67       | 250m: 3:34.20 | 350m: 5:04.12 |                |
|                         | 100m: 1:20.52     | 200m: 2:49.23       | 300m: 4:19.09 | 400m: 5:47.29 |                |
| 2.                      | Fleur de Ridder   | De Marlijn (SG)     | NT            | 200402052     | <b>5:55.45</b> |
|                         | 50m: 36.91        | 150m: 2:05.10       | 250m: 3:36.64 | 350m: 5:10.35 |                |
|                         | 100m: 1:19.60     | 200m: 2:50.82       | 300m: 4:23.35 | 400m: 5:55.45 |                |

Programmanr. 2  
1-3-2026

Heren, 400m vrije slag  
Zeeuwse kampioenschap

12 jaar en ouder  
Resultaten

| rang                    | naam              | vereniging          | intijd        | tijd          | RT             |
|-------------------------|-------------------|---------------------|---------------|---------------|----------------|
| <b>12 - 13 jaar</b>     |                   |                     |               |               |                |
| 1.                      | Jurre Bruins Slot | De Schelde          | 5:47.11       | 201300511     | <b>5:04.32</b> |
|                         | 50m: 33.45        | 150m: 1:49.91       | 250m: 3:07.49 | 350m: 4:26.07 |                |
|                         | 100m: 1:11.21     | 200m: 2:28.96       | 300m: 3:46.66 | 400m: 5:04.32 |                |
| 2.                      | Tycho Zoon        | Onderdak            | NT            | 201202321     | <b>5:39.75</b> |
|                         | 50m: 38.06        | 150m: 2:04.96       | 250m: 3:32.00 | 350m: 4:58.53 |                |
|                         | 100m: 1:21.40     | 200m: 2:48.40       | 300m: 4:15.05 | 400m: 5:39.75 |                |
| AFGEM                   | Ian van Os        | ZPC De Zeeuwse Kust | 5:24.67       | 201301239     |                |
| <b>14 - 15 jaar</b>     |                   |                     |               |               |                |
| 1.                      | Xander De Jonghe  | De Marlijn (SG)     | 5:05.81       | 201101095     | <b>4:43.48</b> |
|                         | 50m: 29.11        | 150m: 1:37.94       | 250m: 2:52.42 | 350m: 4:07.97 |                |
|                         | 100m: 1:02.27     | 200m: 2:14.79       | 300m: 3:30.36 | 400m: 4:43.48 |                |
| <b>16 - 17 jaar</b>     |                   |                     |               |               |                |
| 1.                      | Matthijs Vinke    | Scheldestroom       | 4:54.55       | 200900105     | <b>4:49.16</b> |
|                         | 50m: 31.70        | 150m: 1:43.76       | 250m: 2:58.04 | 350m: 4:13.03 |                |
|                         | 100m: 1:07.17     | 200m: 2:20.64       | 300m: 3:35.56 | 400m: 4:49.16 |                |
| <b>18 jaar en ouder</b> |                   |                     |               |               |                |
| 1.                      | Mark Legters      | De Schelde          | 4:52.83       | 199303361     | <b>4:48.63</b> |
|                         | 50m: 32.29        | 100m: 1:08.71       | 200m: 2:22.59 | 400m: 4:48.63 |                |
| 2.                      | Pieter Nuijten    | De Marlijn (SG)     | 5:12.22       | 200600043     | <b>5:33.72</b> |
|                         | 50m: 33.54        | 150m: 1:52.07       | 250m: 3:20.03 | 350m: 4:49.38 |                |
|                         | 100m: 1:11.05     | 200m: 2:36.01       | 300m: 4:04.97 | 400m: 5:33.72 |                |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 3  
1-3-2026

Dames, 50m vrije slag

12 jaar en ouder  
Resultaten

| rang  | naam                 | vereniging          | intijd |           | tijd         | RT |
|-------|----------------------|---------------------|--------|-----------|--------------|----|
| 1.    | Fiene Quaak          | De Ganze            | 30.12  | 201201142 | <b>30.11</b> |    |
| 2.    | Doortje Maat         | ZPC De Zeeuwse Kust | 30.77  | 201002970 | <b>31.36</b> |    |
| 3.    | Yinthe Stoffels      | De Schelde          | 32.10  | 201101466 | <b>31.84</b> |    |
| 4.    | Maud Doens           | Scheldestroom       | 32.70  | 201100920 | <b>32.36</b> |    |
| 5.    | Fenna Freyser        | De Marlijn (SG)     | 34.63  | 201302728 | <b>32.86</b> |    |
| 6.    | Fleur Dorrepaal      | Z.V. Zeelandia      | 33.87  | 200601414 | <b>34.33</b> |    |
| 7.    | Bregje Boonman       | De Ganze            | 35.89  | 201200508 | <b>34.37</b> |    |
| 8.    | Charlotte de Munck   | De Bevelanders      | 37.30  | 201003450 | <b>36.61</b> |    |
| 9.    | Lisa Scherbeijn      | Scheldestroom       | 37.46  | 201101006 | <b>37.62</b> |    |
| 10.   | Sabine Verweel       | De Bruinvis         | 42.94  | 199801298 | <b>38.97</b> |    |
| 11.   | Chiara van Zunderen  | Z.V. Zeelandia      | 39.34  | 201200510 | <b>39.53</b> |    |
| 12.   | Jennifer Schouten    | De Bevelanders      | 41.08  | 201103402 | <b>40.07</b> |    |
| 13.   | Petra van Poorten    | De Marlijn (SG)     | 39.22  | 200800922 | <b>42.56</b> |    |
| 14.   | Iris van Tiggelhoven | De Marlijn (SG)     | 48.66  | 201303640 | <b>43.13</b> |    |
| 15.   | Roos den Toonder     | Z.V. Zeelandia      | 44.89  | 201202436 | <b>43.76</b> |    |
| AFGEM | Noa Jonker           | Scheldestroom       | 37.64  | 201303282 |              |    |

Programmanr. 31  
1-3-2026

Meisjes, 50m vrije slag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam              | vereniging          | intijd  |           | tijd         | RT |
|------|-------------------|---------------------|---------|-----------|--------------|----|
| 1.   | Senna Dingemans   | De Ganze            | 32.93   | 201400190 | <b>32.30</b> |    |
| 2.   | Noor van der Endt | Z.V. Zeelandia      | 34.15   | 201403270 | <b>32.43</b> |    |
| 3.   | Julie Schreuder   | Onderdak            | 34.15   | 201401268 | <b>34.60</b> |    |
| 4.   | Quinty Barten     | ZPC De Zeeuwse Kust | 36.18   | 201501100 | <b>36.14</b> |    |
| 5.   | Charlotte Tukker  | Scheldestroom       | 39.52   | 201401982 | <b>39.27</b> |    |
| 6.   | Lotte Sinke       | ZPC De Zeeuwse Kust | 41.27   | 201500766 | <b>40.01</b> |    |
| 7.   | Jenar van Gaans   | Z.V. Zeelandia      | 43.10   | 201401770 | <b>41.33</b> |    |
| 8.   | Lotte Mullaert    | De Schelde          | 46.79   | 201500340 | <b>44.71</b> |    |
| 9.   | Lieke Hermans     | Scheldestroom       | NT      | 201501936 | <b>48.89</b> |    |
| 10.  | Vera den Toonder  | Z.V. Zeelandia      | 1:07.47 | 201401066 | <b>52.24</b> |    |

Programmanr. 4  
1-3-2026

Heren, 50m vrije slag

12 jaar en ouder  
Resultaten

| rang | naam                   | vereniging      | intijd |           | tijd         | RT   |
|------|------------------------|-----------------|--------|-----------|--------------|------|
| 1.   | Junior Vermeulen       | De Bevelanders  | 24.07  | 200103363 | <b>24.97</b> | FJ 1 |
| 2.   | Pieter de Visser       | De Ganze        | 24.89  | 199802045 | <b>24.97</b> | FJ 2 |
| 3.   | Sven Vette             | De Bevelanders  | 25.13  | 200900519 | <b>25.54</b> |      |
| 4.   | Roderick van Doeselaar | Scheldestroom   | 26.36  | 199200261 | <b>26.37</b> |      |
| 5.   | Lars Klanderman        | De Marlijn (SG) | 27.17  | 201000325 | <b>26.69</b> |      |
| 6.   | Jorn de Klerk          | Z.V. Zeelandia  | 27.41  | 199400489 | <b>27.25</b> |      |
| 7.   | Mylan Dees             | Scheldestroom   | 29.21  | 200902019 | <b>29.58</b> |      |
| 8.   | Thijn van de Walle     | De Marlijn (SG) | 29.73  | 201100909 | <b>29.66</b> |      |
| 9.   | Milan van Langevelde   | Scheldestroom   | 29.02  | 201101977 | <b>30.05</b> |      |
| 10.  | Matvii Ryzhyi          | De Schelde      | 31.44  | 201203099 | <b>30.31</b> |      |
| 11.  | Jelte Sol              | De Bruinvis     | 33.78  | 201300493 | <b>32.93</b> |      |
| 12.  | Pjotr Dezutter         | Scheldestroom   | 33.97  | 201300125 | <b>33.65</b> |      |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 41  
1-3-2026

Jongens, 50m vrije slag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam                | vereniging          | intijd |           | tijd         | RT |
|------|---------------------|---------------------|--------|-----------|--------------|----|
| 1.   | Mats van Langevelde | Scheldestroom       | 36.82  | 201400143 | <b>35.54</b> |    |
| 2.   | Jerome de Backker   | De Marlijn (SG)     | 37.04  | 201401649 | <b>36.90</b> |    |
| 3.   | Thomas Frambach     | ZPC De Zeeuwse Kust | 37.45  | 201400611 | <b>37.17</b> |    |
| 4.   | Tijs Leeraert       | De Ganze            | 39.43  | 201500597 | <b>38.14</b> |    |
| 5.   | Daley Verbist       | De Marlijn (SG)     | 40.71  | 201500499 | <b>39.77</b> |    |
| 6.   | Ciano Raas          | De Ganze            | 44.36  | 201501257 | <b>40.89</b> |    |

Programmanr. 5  
1-3-2026

Dames, 100m vrije slag

12 jaar en ouder  
Resultaten

| rang  | naam                              | vereniging                           | intijd  |           | tijd           | RT |
|-------|-----------------------------------|--------------------------------------|---------|-----------|----------------|----|
| 1.    | Natasja Forat<br>50m: 31.72       | ZPC De Zeeuwse Kust<br>100m: 1:06.05 | 1:05.05 | 197701186 | <b>1:06.05</b> |    |
| 2.    | Bentley Wauters<br>50m: 31.79     | De Schelde<br>100m: 1:06.75          | 1:14.87 | 201201166 | <b>1:06.75</b> |    |
| 3.    | Lisa Koole<br>50m: 33.02          | ZPC De Zeeuwse Kust<br>100m: 1:09.80 | 1:09.12 | 200900538 | <b>1:09.80</b> |    |
| 4.    | Danielle Bos<br>50m: 34.44        | ZPC De Zeeuwse Kust<br>100m: 1:12.36 | 1:10.67 | 200902946 | <b>1:12.36</b> |    |
| 5.    | Fleur de Ridder<br>50m: 35.72     | De Marlijn (SG)<br>100m: 1:16.83     | NT      | 200402052 | <b>1:16.83</b> |    |
| 6.    | Lianne Blommaert<br>50m: 39.45    | De Marlijn (SG)<br>100m: 1:23.58     | 1:27.79 | 201200620 | <b>1:23.58</b> |    |
| 7.    | Mirjam van Zunderen<br>50m: 39.22 | Z.V. Zeelandia<br>100m: 1:24.96      | 1:24.04 | 198403606 | <b>1:24.96</b> |    |
| 8.    | Jordynn Grummer<br>50m: 42.57     | De Schelde<br>100m: 1:32.48          | 1:30.37 | 201103684 | <b>1:32.48</b> |    |
| 9.    | Els den Toonder<br>50m: 43.57     | Z.V. Zeelandia<br>100m: 1:36.21      | 1:36.07 | 198102328 | <b>1:36.21</b> |    |
| 10.   | Petra van Poorten<br>50m: 50.44   | De Marlijn (SG)<br>100m: 1:41.17     | 1:30.44 | 200800922 | <b>1:41.17</b> |    |
| AFGEM | Daphne Wiskerke                   | De Bruinvis                          | 1:22.66 | 198704704 |                |    |

Programmanr. 51  
1-3-2026

Meisjes, 100m vrije slag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam                            | vereniging                           | intijd  |           | tijd           | RT |
|------|---------------------------------|--------------------------------------|---------|-----------|----------------|----|
| 1.   | Britt Boonman<br>50m: 33.45     | De Ganze<br>100m: 1:10.07            | 1:11.96 | 201400056 | <b>1:10.07</b> |    |
| 2.   | Lotte Hermans<br>50m: 37.15     | Scheldestroom<br>100m: 1:17.37       | 1:18.95 | 201401072 | <b>1:17.37</b> |    |
| 3.   | Renée Raemdonck<br>50m: 38.51   | De Marlijn (SG)<br>100m: 1:24.23     | 1:28.38 | 201500080 | <b>1:24.23</b> |    |
| 4.   | Jinthe van Kessel<br>50m: 40.68 | ZPC De Zeeuwse Kust<br>100m: 1:28.62 | 1:30.97 | 201401104 | <b>1:28.62</b> |    |
| 5.   | Anna-Sofie Rouw<br>50m: 42.54   | De Schelde<br>100m: 1:30.76          | 1:28.98 | 201500992 | <b>1:30.76</b> |    |
| 6.   | Lieke Hermans<br>50m: 55.34     | Scheldestroom<br>100m: 1:53.62       | NT      | 201501936 | <b>1:53.62</b> |    |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 6 Heren, 100m vrije slag 12 jaar en ouder  
1-3-2026 Resultaten

| rang | naam                               | vereniging                           | intijd  | tijd      | RT             |
|------|------------------------------------|--------------------------------------|---------|-----------|----------------|
| 1.   | Thijs Westveer<br>50m: 26.97       | De Bevelanders<br>100m: 56.44        | 56.99   | 200203715 | <b>56.44</b>   |
| 2.   | Jelte van der Kraaij<br>50m: 28.36 | De Marlijn (SG)<br>100m: 59.87       | 1:00.99 | 200800175 | <b>59.87</b>   |
| 3.   | Sem de Ridder<br>50m: 31.93        | ZPC De Zeeuwse Kust<br>100m: 1:06.85 | 1:03.51 | 200600631 | <b>1:06.85</b> |
| 4.   | Daan van de Velde<br>50m: 33.49    | De Bruinvis<br>100m: 1:09.09         | 1:09.68 | 201302501 | <b>1:09.09</b> |
| 5.   | William Raemdonck<br>50m: 33.15    | De Marlijn (SG)<br>100m: 1:11.64     | 1:12.61 | 201100631 | <b>1:11.64</b> |

Programmanr. 61 Jongens, 100m vrije slag 10 - 11 jaar  
1-3-2026 volledig reglement Resultaten

| rang | naam                            | vereniging                           | intijd  | tijd      | RT             |
|------|---------------------------------|--------------------------------------|---------|-----------|----------------|
| 1.   | Thomas Frambach<br>50m: 38.20   | ZPC De Zeeuwse Kust<br>100m: 1:18.87 | 1:19.86 | 201400611 | <b>1:18.87</b> |
| 2.   | Tijs Leeraert<br>50m: 39.61     | De Ganze<br>100m: 1:24.01            | 1:23.99 | 201500597 | <b>1:24.01</b> |
| 3.   | Mathis de Ridder<br>50m: 40.94  | ZPC De Zeeuwse Kust<br>100m: 1:25.38 | 1:27.82 | 201500905 | <b>1:25.38</b> |
| 4.   | Jerome de Backker<br>50m: 41.50 | De Marlijn (SG)<br>100m: 1:28.37     | 1:23.49 | 201401649 | <b>1:28.37</b> |
| 5.   | Ciano Raas<br>50m: 44.25        | De Ganze<br>100m: 1:36.95            | 1:37.74 | 201501257 | <b>1:36.95</b> |

Programmanr. 7 Dames, 100m schoolslag 12 jaar en ouder  
1-3-2026 Resultaten

| rang  | naam                                | vereniging                       | intijd  | tijd      | RT             |
|-------|-------------------------------------|----------------------------------|---------|-----------|----------------|
| 1.    | Maud Doens<br>50m: 37.91            | Scheldestroom<br>100m: 1:20.89   | 1:21.57 | 201100920 | <b>1:20.89</b> |
| 2.    | Yinthe Stoffels<br>50m: 44.36       | De Schelde<br>100m: 1:36.40      | 1:37.85 | 201101466 | <b>1:36.40</b> |
| 3.    | Bregje Boonman<br>50m: 46.81        | De Ganze<br>100m: 1:37.88        | 1:36.63 | 201200508 | <b>1:37.88</b> |
| 4.    | Lisa Scherbeijn<br>50m: 47.48       | Scheldestroom<br>100m: 1:39.60   | 1:38.76 | 201101006 | <b>1:39.60</b> |
| 5.    | Chiara van Zunderen<br>50m: 48.97   | Z.V. Zeelandia<br>100m: 1:42.35  | 1:48.12 | 201200510 | <b>1:42.35</b> |
| 6.    | Charlotte de Munck<br>50m: 50.39    | De Bevelanders<br>100m: 1:46.66  | 1:44.75 | 201003450 | <b>1:46.66</b> |
| 7.    | Iris van Tigghelhoven<br>50m: 51.58 | De Marlijn (SG)<br>100m: 1:49.42 | 1:54.05 | 201303640 | <b>1:49.42</b> |
| 8.    | Faya Hamelink<br>50m: 56.37         | De Schelde<br>100m: 1:52.96      | 1:51.44 | 201201786 | <b>1:52.96</b> |
| 9.    | Roos den Toonder<br>50m: 52.58      | Z.V. Zeelandia<br>100m: 1:55.06  | 1:54.43 | 201202436 | <b>1:55.06</b> |
| 10.   | Jordynn Grummer<br>50m: 54.29       | De Schelde<br>100m: 1:57.56      | 1:50.47 | 201103684 | <b>1:57.56</b> |
| 11.   | Petra van Poorten<br>50m: 1:01.69   | De Marlijn (SG)<br>100m: 2:12.07 | 2:01.96 | 200800922 | <b>2:12.07</b> |
| AFGEM | Noa Jonker                          | Scheldestroom                    | 1:39.18 | 201303282 |                |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 71  
1-3-2026

Meisjes, 100m schoolslag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam                              | vereniging                      | intijd  | tijd      | RT             |
|------|-----------------------------------|---------------------------------|---------|-----------|----------------|
| 1.   | Julie Schreuder<br>50m: 43.85     | Onderdak<br>100m: 1:32.95       | 1:30.69 | 201401268 | <b>1:32.95</b> |
| 2.   | Fleur Uitdewilligen<br>50m: 46.40 | Scheldestroom<br>100m: 1:38.81  | 1:39.58 | 201401078 | <b>1:38.81</b> |
| 3.   | Noor van der Endt<br>50m: 46.43   | Z.V. Zeelandia<br>100m: 1:39.27 | 1:41.99 | 201403270 | <b>1:39.27</b> |
| 4.   | Anna-Sofie Rouw<br>50m: 54.45     | De Schelde<br>100m: 1:53.47     | 1:49.31 | 201500992 | <b>1:53.47</b> |
| 5.   | Jenar van Gaans<br>50m: 55.24     | Z.V. Zeelandia<br>100m: 2:03.46 | 1:53.48 | 201401770 | <b>2:03.46</b> |
| 6.   | Lotte Mullaert<br>50m: 1:02.17    | De Schelde<br>100m: 2:08.59     | 2:08.60 | 201500340 | <b>2:08.59</b> |
| 7.   | Vera den Toonder<br>50m: 1:02.98  | Z.V. Zeelandia<br>100m: 2:22.63 | 2:20.18 | 201401066 | <b>2:22.63</b> |

Programmanr. 8  
1-3-2026

Heren, 100m schoolslag

12 jaar en ouder  
Resultaten

| rang | naam                             | vereniging                       | intijd  | tijd      | RT             |
|------|----------------------------------|----------------------------------|---------|-----------|----------------|
| 1.   | Junior Vermeulen<br>50m: 31.56   | De Bevelanders<br>100m: 1:08.59  | 1:05.82 | 200103363 | <b>1:08.59</b> |
| 2.   | Ralf van den Hoven<br>50m: 32.21 | De Marlijn (SG)<br>100m: 1:10.41 | 1:14.23 | 200700311 | <b>1:10.41</b> |
| 3.   | Matthijs Vinke<br>50m: 34.87     | Scheldestroom<br>100m: 1:15.99   | 1:16.35 | 200900105 | <b>1:15.99</b> |
| 4.   | Jorn de Klerk<br>50m: 36.78      | Z.V. Zeelandia<br>100m: 1:19.36  | 1:22.58 | 199400489 | <b>1:19.36</b> |
| 5.   | Mylan Dees<br>50m: 38.27         | Scheldestroom<br>100m: 1:22.19   | 1:20.24 | 200902019 | <b>1:22.19</b> |
| 6.   | Tycho Zoon<br>50m: 41.21         | Onderdak<br>100m: 1:29.35        | 1:31.45 | 201202321 | <b>1:29.35</b> |
| 7.   | Matvii Ryzhyi<br>50m: 42.91      | De Schelde<br>100m: 1:30.29      | 1:33.53 | 201203099 | <b>1:30.29</b> |
| 8.   | William Raemdonck<br>50m: 40.55  | De Marlijn (SG)<br>100m: 1:31.10 | 1:32.05 | 201100631 | <b>1:31.10</b> |
| 9.   | Jelte Sol<br>50m: 47.23          | De Bruinvis<br>100m: 1:39.86     | 1:37.12 | 201300493 | <b>1:39.86</b> |

Programmanr. 81  
1-3-2026

Jongens, 100m schoolslag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam                            | vereniging                           | intijd  | tijd      | RT             |
|------|---------------------------------|--------------------------------------|---------|-----------|----------------|
| 1.   | Thomas Frambach<br>50m: 50.69   | ZPC De Zeeuwse Kust<br>100m: 1:46.23 | 1:52.58 | 201400611 | <b>1:46.23</b> |
| 2.   | Jerome de Backker<br>50m: 50.74 | De Marlijn (SG)<br>100m: 1:46.45     | 1:42.05 | 201401649 | <b>1:46.45</b> |
| 3.   | Daley Verbist<br>50m: 50.82     | De Marlijn (SG)<br>100m: 1:47.53     | 1:46.36 | 201500499 | <b>1:47.53</b> |
| 4.   | Mathis de Ridder<br>50m: 53.21  | ZPC De Zeeuwse Kust<br>100m: 1:54.63 | 1:52.64 | 201500905 | <b>1:54.63</b> |
| 5.   | Ciano Raas<br>50m: 54.57        | De Ganze<br>100m: 1:58.12            | 1:58.34 | 201501257 | <b>1:58.12</b> |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 9 Dames, 200m wisselslag 12 jaar en ouder  
1-3-2026 Zeeuwse kampioenschap Resultaten

| rang                | naam   | vereniging          | intijd        | tijd          | RT             |
|---------------------|--|---------------------|---------------|---------------|----------------|
| <b>12 - 13 jaar</b> |  |                     |               |               |                |
| 1.                  | Indy Verbist   | De Marlijn (SG)     | 2:53.76       | 201200286     | <b>2:47.68</b> |
|                     | 50m: 36.93   | 100m: 1:20.00       | 150m: 2:10.96 | 200m: 2:47.68 |                |
| 2.                  | Bentley Wauters  | De Schelde          | 2:51.06       | 201201166     | <b>2:52.35</b> |
|                     | 50m: 37.85   | 100m: 1:21.70       | 150m: 2:13.15 | 200m: 2:52.35 |                |
| 3.                  | Lianne Blommaert   | De Marlijn (SG)     | 3:52.60       | 201200620     | <b>3:19.45</b> |
|                     | 50m: 44.73   | 100m: 1:34.80       | 150m: 2:34.23 | 200m: 3:19.45 |                |
| DIS                 | Fenna Freyser  | De Marlijn (SG)     | 3:28.89       | 201302728     |                |
|                     | <i>AE - De aangegeven zwemslag niet uitgevoerd., 3.18.59</i> |                     |               |               |                |
| AFGEM               | Louzèl Stuurop   | ZPC De Zeeuwse Kust | 3:02.40       | 201300984     |                |
| <b>14 - 15 jaar</b> |  |                     |               |               |                |
| 1.                  | Carlijn Dezutter   | Scheldestroom       | 2:40.03       | 201100770     | <b>2:36.04</b> |
|                     | 50m: 33.52   | 100m: 1:13.32       | 150m: 1:59.81 | 200m: 2:36.04 |                |
| 2.                  | Marieke van Voren  | Scheldestroom       | 3:12.15       | 201100358     | <b>3:01.61</b> |
|                     | 50m: 39.85   | 100m: 1:25.97       | 150m: 2:20.49 | 200m: 3:01.61 |                |
| DIS                 | Doortje Maat   | ZPC De Zeeuwse Kust | 2:53.21       | 201002970     |                |
|                     | <i>AE - De aangegeven zwemslag niet uitgevoerd., 2.53.30</i> |                     |               |               |                |

**18 jaar en ouder**

|    |                 |               |               |               |                |
|----|-----------------|---------------|---------------|---------------|----------------|
| 1. | Daphne Wiskerke | De Bruinvis   | 3:31.24       | 198704704     | <b>3:35.73</b> |
|    | 50m: 46.76      | 100m: 1:41.43 | 150m: 2:41.87 | 200m: 3:35.73 |                |

Programmanr. 91 Meisjes, 200m wisselslag 10 - 11 jaar  
1-3-2026 Zeeuwse kampioenschap volledig reglement Resultaten

| rang | naam   | vereniging          | intijd        | tijd          | RT             |
|------|--|---------------------|---------------|---------------|----------------|
| 1.   | Iris Felius  | ZPC De Zeeuwse Kust | 3:04.26       | 201400866     | <b>2:51.97</b> |
|      | 50m: 38.42   | 100m: 1:24.47       | 150m: 2:13.06 | 200m: 2:51.97 |                |
| 2.   | Fleur Uitdewilligen  | Scheldestroom       | 3:36.77       | 201401078     | <b>3:12.60</b> |
|      | 50m: 44.98   | 100m: 1:31.51       | 150m: 2:28.18 | 200m: 3:12.60 |                |
| 3.   | Renée Raemdonck  | De Marlijn (SG)     | 3:32.71       | 201500080     | <b>3:21.45</b> |
|      | 50m: 42.44   | 100m: 1:33.33       | 150m: 2:34.71 | 200m: 3:21.45 |                |
| 4.   | Elena de Pagter  | ZPC De Zeeuwse Kust | 3:29.65       | 201401312     | <b>3:23.67</b> |
|      | 50m: 47.14   | 100m: 1:39.46       | 150m: 2:37.13 | 200m: 3:23.67 |                |
| 5.   | Lotte Hermans  | Scheldestroom       | 3:44.92       | 201401072     | <b>3:28.18</b> |
|      | 50m: 49.14   | 100m: 1:41.11       | 150m: 2:43.08 | 200m: 3:28.18 |                |
| DIS  | Britt Boonman  | De Ganze            | 3:07.48       | 201400056     |                |
|      | <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten., 2.52.13</i> |                     |               |               |                |

Programmanr. 10 Heren, 200m wisselslag 12 jaar en ouder  
1-3-2026 Zeeuwse kampioenschap Resultaten

| rang                | naam              | vereniging    | intijd        | tijd          | RT             |
|---------------------|-------------------|---------------|---------------|---------------|----------------|
| <b>12 - 13 jaar</b> |                   |               |               |               |                |
| 1.                  | Jurre Bruins Slot | De Schelde    | 2:51.05       | 201300511     | <b>2:45.75</b> |
|                     | 50m: 35.97        | 100m: 1:19.86 | 150m: 2:09.31 | 200m: 2:45.75 |                |
| 2.                  | Pjotr Dezutter    | Scheldestroom | 3:01.60       | 201300125     | <b>2:58.12</b> |
|                     | 50m: 38.61        | 100m: 1:23.10 | 150m: 2:17.98 | 200m: 2:58.12 |                |
| 3.                  | Daan van de Velde | De Bruinvis   | 3:09.06       | 201302501     | <b>3:01.67</b> |
|                     | 50m: 42.24        | 100m: 1:29.14 | 150m: 2:22.31 | 200m: 3:01.67 |                |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 10, Jongens, 200m wisselslag, 12 - 13 jaar

| rang  | naam       | vereniging          | intijd        | tijd          | RT             |
|-------|------------|---------------------|---------------|---------------|----------------|
| 4.    | Jelte Sol  | De Bruinvis         | 3:11.38       | 201300493     | <b>3:11.64</b> |
|       | 50m: 44.31 | 100m: 1:33.93       | 150m: 2:29.51 | 200m: 3:11.64 |                |
| AFGEM | Ian van Os | ZPC De Zeeuwse Kust | 2:57.75       | 201301239     |                |

14 - 15 jaar

|    |                    |                 |               |               |                |
|----|--------------------|-----------------|---------------|---------------|----------------|
| 1. | Xander De Jonghe   | De Marlijn (SG) | 2:44.13       | 201101095     | <b>2:31.34</b> |
|    | 50m: 30.75         | 100m: 1:10.12   | 150m: 1:56.26 | 200m: 2:31.34 |                |
| 2. | Thijn van de Walle | De Marlijn (SG) | 3:13.74       | 201100909     | <b>2:49.78</b> |
|    | 50m: 36.47         | 100m: 1:19.98   | 150m: 2:10.70 | 200m: 2:49.78 |                |
| 3. | William Raemdonck  | De Marlijn (SG) | 3:06.61       | 201100631     | <b>3:11.29</b> |
|    | 50m: 42.27         | 100m: 1:31.73   | 150m: 2:28.66 | 200m: 3:11.29 |                |

16 - 17 jaar

|    |                      |                 |               |               |                |
|----|----------------------|-----------------|---------------|---------------|----------------|
| 1. | Jelte van der Kraaij | De Marlijn (SG) | 2:47.67       | 200800175     | <b>2:41.80</b> |
|    | 50m: 34.20           | 100m: 1:13.91   | 150m: 2:04.04 | 200m: 2:41.80 |                |

18 jaar en ouder

|    |                        |                 |               |               |                |
|----|------------------------|-----------------|---------------|---------------|----------------|
| 1. | Junior Vermeulen       | De Bevelanders  | 2:19.78       | 200103363     | <b>2:24.67</b> |
|    | 50m: 30.23             | 100m: 1:09.49   | 150m: 1:48.45 | 200m: 2:24.67 |                |
| 2. | Roderick van Doeselaar | Scheldestroom   | 2:23.27       | 199200261     | <b>2:28.74</b> |
|    | 50m: 31.00             | 100m: 1:09.99   | 150m: 1:55.09 | 200m: 2:28.74 |                |
| 3. | Pieter de Visser       | De Ganze        | 2:33.17       | 199802045     | <b>2:30.00</b> |
|    | 50m: 32.24             | 100m: 1:12.20   | 150m: 1:57.57 | 200m: 2:30.00 |                |
| 4. | Mark Legters           | De Schelde      | 2:37.15       | 199303361     | <b>2:43.83</b> |
|    | 50m: 33.45             | 100m: 1:17.01   | 150m: 2:06.07 | 200m: 2:43.83 |                |
| 5. | Pieter Nuijten         | De Marlijn (SG) | 2:44.51       | 200600043     | <b>2:50.85</b> |
|    | 50m: 35.36             | 100m: 1:22.11   | 150m: 2:09.36 | 200m: 2:50.85 |                |

Programmanr. 101  
1-3-2026

Jongens, 200m wisselslag  
Zeeuwse kampioenschap volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam                | vereniging      | intijd        | tijd          | RT             |
|------|---------------------|-----------------|---------------|---------------|----------------|
| 1.   | Mats van Langevelde | Scheldestroom   | 3:39.24       | 201400143     | <b>3:29.48</b> |
|      | 50m: 48.93          | 100m: 1:43.10   | 150m: 2:43.08 | 200m: 3:29.48 |                |
| 2.   | Daley Verbist       | De Marlijn (SG) | 3:43.81       | 201500499     | <b>3:33.27</b> |
|      | 50m: 54.85          | 100m: 1:47.78   | 150m: 2:47.95 | 200m: 3:33.27 |                |
| 3.   | Jerome de Backker   | De Marlijn (SG) | 3:40.45       | 201401649     | <b>3:35.56</b> |
|      | 50m: 55.87          | 100m: 1:52.55   | 150m: 2:52.39 | 200m: 3:35.56 |                |

Programmanr. 11  
1-3-2026

Dames, 50m vlinderslag

12 jaar en ouder  
Resultaten

| rang  | naam                | vereniging          | intijd | tijd      | RT           |
|-------|---------------------|---------------------|--------|-----------|--------------|
| 1.    | Yinthe Stoffels     | De Schelde          | 38.68  | 201101466 | <b>39.01</b> |
| 2.    | Maud Ruitenbeek     | ZPC De Zeeuwse Kust | NT     | 200501894 | <b>39.45</b> |
| 3.    | Mirjam van Zunderen | Z.V. Zeelandia      | 41.40  | 198403606 | <b>42.39</b> |
| 4.    | Fenna Freyser       | De Marlijn (SG)     | 40.51  | 201302728 | <b>42.52</b> |
| 5.    | Bregje Boonman      | De Ganze            | 44.46  | 201200508 | <b>44.82</b> |
| 6.    | Sabine Verweel      | De Bruinvis         | 45.42  | 199801298 | <b>45.20</b> |
| 7.    | Jordynn Grummer     | De Schelde          | 49.14  | 201103684 | <b>48.46</b> |
| 8.    | Faya Hamelink       | De Schelde          | 46.67  | 201201786 | <b>49.28</b> |
| 9.    | Jennifer Schouten   | De Bevelanders      | 47.43  | 201103402 | <b>52.20</b> |
| 10.   | Els den Toonder     | Z.V. Zeelandia      | 51.63  | 198102328 | <b>52.32</b> |
| AFGEM | Noa Jonker          | Scheldestroom       | 39.42  | 201303282 |              |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 111  
1-3-2026

Meisjes, 50m vlinderslag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam             | vereniging          | intijd |           | tijd           | RT |
|------|------------------|---------------------|--------|-----------|----------------|----|
| 1.   | Renée Raemdonck  | De Marlijn (SG)     | 41.31  | 201500080 | <b>41.19</b>   |    |
| 2.   | Charlotte Tukker | Scheldestroom       | 43.08  | 201401982 | <b>42.71</b>   |    |
| 3.   | Quinty Barten    | ZPC De Zeeuwse Kust | 51.79  | 201501100 | <b>48.78</b>   |    |
| 4.   | Lotte Sinke      | ZPC De Zeeuwse Kust | 55.28  | 201500766 | <b>51.21</b>   |    |
| 5.   | Anna-Sofie Rouw  | De Schelde          | 53.50  | 201500992 | <b>52.08</b>   |    |
| 6.   | Lieke Hermans    | Scheldestroom       | NT     | 201501936 | <b>1:08.11</b> |    |

Programmanr. 12  
1-3-2026

Heren, 50m vlinderslag

12 jaar en ouder  
Resultaten

| rang | naam               | vereniging      | intijd |           | tijd         | RT   |
|------|--------------------|-----------------|--------|-----------|--------------|------|
| 1.   | Thijs Westveer     | De Bevelanders  | 27.53  | 200203715 | <b>27.82</b> | FJ 1 |
| 2.   | Sven Vette         | De Bevelanders  | 27.82  | 200900519 | <b>27.82</b> | FJ 2 |
| 3.   | Ralf van den Hoven | De Marlijn (SG) | 30.66  | 200700311 | <b>29.50</b> |      |
| 4.   | Lars Klanderman    | De Marlijn (SG) | 30.87  | 201000325 | <b>31.01</b> |      |
| 5.   | Thijn van de Walle | De Marlijn (SG) | 34.26  | 201100909 | <b>36.50</b> |      |
| 6.   | Daan van de Velde  | De Bruinvis     | 37.26  | 201302501 | <b>39.19</b> |      |
| 7.   | Tycho Zoon         | Onderdak        | 40.19  | 201202321 | <b>40.06</b> |      |

Programmanr. 121  
1-3-2026

Jongens, 50m vlinderslag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam              | vereniging      | intijd |           | tijd         | RT |
|------|-------------------|-----------------|--------|-----------|--------------|----|
| 1.   | Tijs Leeraert     | De Ganze        | 52.58  | 201500597 | <b>50.22</b> |    |
| 2.   | Daley Verbist     | De Marlijn (SG) | 54.88  | 201500499 | <b>55.08</b> |    |
| 3.   | Jerome de Backker | De Marlijn (SG) | 48.16  | 201401649 | <b>57.68</b> |    |

Programmanr. 13  
1-3-2026

Dames, 100m rugslag

12 jaar en ouder  
Resultaten

| rang  | naam                           | vereniging                           | intijd  |           | tijd           | RT |
|-------|--------------------------------|--------------------------------------|---------|-----------|----------------|----|
| 1.    | Natasja Forat<br>50m: 38.28    | ZPC De Zeeuwse Kust<br>100m: 1:19.33 | 1:19.60 | 197701186 | <b>1:19.33</b> |    |
| 2.    | Maud Doens<br>50m: 40.18       | Scheldestroom<br>100m: 1:21.73       | 1:20.58 | 201100920 | <b>1:21.73</b> |    |
| 3.    | Fleur Dorrepaal<br>50m: 45.85  | Z.V. Zeelandia<br>100m: 1:34.48      | 1:32.13 | 200601414 | <b>1:34.48</b> |    |
| 4.    | Lianne Blommaert<br>50m: 48.77 | De Marlijn (SG)<br>100m: 1:38.54     | 1:32.91 | 201200620 | <b>1:38.54</b> |    |
| 5.    | Lisa Scherbeijn<br>50m: 49.30  | Scheldestroom<br>100m: 1:39.56       | 1:35.68 | 201101006 | <b>1:39.56</b> |    |
| AFGEM | Daphne Wiskerke                | De Bruinvis                          | 1:35.02 | 198704704 |                |    |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 131  
1-3-2026

Meisjes, 100m rugslag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam                              | vereniging                           | intijd  |           | tijd           | RT |
|------|-----------------------------------|--------------------------------------|---------|-----------|----------------|----|
| 1.   | Senna Dingemanse<br>50m: 39.70    | De Ganze<br>100m: 1:20.62            | 1:24.63 | 201400190 | <b>1:20.62</b> |    |
| 2.   | Britt Boonman<br>50m: 39.68       | De Ganze<br>100m: 1:21.66            | 1:25.15 | 201400056 | <b>1:21.66</b> |    |
| 3.   | Iris Felius<br>50m: 42.01         | ZPC De Zeeuwse Kust<br>100m: 1:24.84 | 1:28.82 | 201400866 | <b>1:24.84</b> |    |
| 4.   | Fleur Uitdewilligen<br>50m: 41.14 | Scheldestroom<br>100m: 1:25.90       | 1:26.35 | 201401078 | <b>1:25.90</b> |    |
| 5.   | Julie Schreuder<br>50m: 42.44     | Onderdak<br>100m: 1:27.53            | 1:32.39 | 201401268 | <b>1:27.53</b> |    |
| 6.   | Noor van der Endt<br>50m: 44.45   | Z.V. Zeelandia<br>100m: 1:31.13      | NT      | 201403270 | <b>1:31.13</b> |    |
| 7.   | Lotte Hermans<br>50m: 44.85       | Scheldestroom<br>100m: 1:31.48       | 1:39.83 | 201401072 | <b>1:31.48</b> |    |
| 8.   | Renée Raemdonck<br>50m: 45.93     | De Marlijn (SG)<br>100m: 1:33.90     | 1:37.51 | 201500080 | <b>1:33.90</b> |    |
| 9.   | Jinthe van Kessel<br>50m: 47.99   | ZPC De Zeeuwse Kust<br>100m: 1:37.31 | 1:38.29 | 201401104 | <b>1:37.31</b> |    |
| 10.  | Charlotte Tukker<br>50m: 48.32    | Scheldestroom<br>100m: 1:38.72       | 1:40.74 | 201401982 | <b>1:38.72</b> |    |
| 11.  | Elena de Pagter<br>50m: 48.52     | ZPC De Zeeuwse Kust<br>100m: 1:38.94 | 1:42.40 | 201401312 | <b>1:38.94</b> |    |
| 12.  | Jenar van Gaans<br>50m: 52.05     | Z.V. Zeelandia<br>100m: 1:49.90      | 1:53.75 | 201401770 | <b>1:49.90</b> |    |
| 13.  | Lotte Mullaert<br>50m: 1:02.42    | De Schelde<br>100m: 2:06.85          | 2:06.86 | 201500340 | <b>2:06.85</b> |    |

Programmanr. 14  
1-3-2026

Heren, 100m rugslag

12 jaar en ouder  
Resultaten

| rang | naam                               | vereniging                       | intijd  |           | tijd           | RT |
|------|------------------------------------|----------------------------------|---------|-----------|----------------|----|
| 1.   | Sven Vette<br>50m: 33.16           | De Bevelanders<br>100m: 1:06.40  | 1:04.23 | 200900519 | <b>1:06.40</b> |    |
| 2.   | Ralf van den Hoven<br>50m: 34.92   | De Marlijn (SG)<br>100m: 1:13.26 | 1:14.34 | 200700311 | <b>1:13.26</b> |    |
| 3.   | Mylan Dees<br>50m: 37.28           | Scheldestroom<br>100m: 1:16.45   | 1:15.29 | 200902019 | <b>1:16.45</b> |    |
| 4.   | Milan van Langevelde<br>50m: 36.53 | Scheldestroom<br>100m: 1:16.70   | 1:16.80 | 201101977 | <b>1:16.70</b> |    |
| 5.   | Jurre Bruins Slot<br>50m: 38.90    | De Schelde<br>100m: 1:19.64      | 1:18.17 | 201300511 | <b>1:19.64</b> |    |
| 6.   | Thijn van de Walle<br>50m: 39.85   | De Marlijn (SG)<br>100m: 1:21.56 | 1:19.68 | 201100909 | <b>1:21.56</b> |    |
| 7.   | Matvii Ryzhyi<br>50m: 42.58        | De Schelde<br>100m: 1:22.37      | 1:23.74 | 201203099 | <b>1:22.37</b> |    |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 141  
1-3-2026

Jongens, 100m rugslag  
volledig reglement

10 - 11 jaar  
Resultaten

| rang | naam   | vereniging          | intijd  | tijd      | RT             |
|------|--|---------------------|---------|-----------|----------------|
| 1.   | Jerome de Backker  | De Marlijn (SG)     | 1:45.43 | 201401649 | <b>1:49.01</b> |
|      | 50m: 54.57   | 100m: 1:49.01       |         |           |                |
| DIS  | Mathis de Ridder   | ZPC De Zeeuwse Kust | NT      | 201500905 |                |
|      | <i>RH - Het eindpunt niet in rugligging aangeraakt., 1.41.29</i> |                     |         |           |                |

Programmanr. 15  
1-3-2026

Dames, 800m vrije slag  
Zeeuwse kampioenschap

12 jaar en ouder  
Resultaten

| rang                | naam         | vereniging      | intijd        | tijd          | RT              |
|---------------------|--------------|-----------------|---------------|---------------|-----------------|
| <b>12 - 13 jaar</b> |              |                 |               |               |                 |
| 1.                  | Fiene Quaak  | De Ganze        | 10:47.00      | 201201142     | <b>10:13.42</b> |
|                     | 50m: 33.58   | 100m: 1:10.89   | 200m: 2:29.49 | 400m: 5:07.38 | 800m: 10:13.42  |
| 2.                  | Indy Verbist | De Marlijn (SG) | 11:24.52      | 201200286     | <b>10:59.18</b> |
|                     | 50m: 36.66   | 100m: 1:17.14   | 200m: 2:40.97 | 400m: 5:29.67 | 800m: 10:59.18  |

**14 - 15 jaar**

|       |                   |               |               |               |                 |
|-------|-------------------|---------------|---------------|---------------|-----------------|
| 1.    | Nina Tetteroo     | De Columbiaan | 9:28.20       | 201000048     | <b>9:22.17</b>  |
|       | 50m: 30.94        | 100m: 1:05.00 | 200m: 2:16.04 | 400m: 4:39.21 | 800m: 9:22.17   |
| 2.    | Carlijn Dezutter  | Scheldestroom | 10:20.49      | 201100770     | <b>10:12.78</b> |
|       | 50m: 32.46        | 100m: 1:09.06 | 200m: 3:24.56 | 400m: 5:00.90 | 800m: 10:12.78  |
| 3.    | Marieke van Voren | Scheldestroom | 11:38.21      | 201100358     | <b>11:40.25</b> |
|       | 50m: 36.88        | 100m: 1:18.77 | 200m: 2:46.11 | 400m: 5:44.39 | 800m: 11:40.25  |
| AFGEM | Olivia Snijder    | De Schelde    | 12:25.36      | 201100202     |                 |

**16 - 17 jaar**

|    |              |                     |               |               |                 |
|----|--------------|---------------------|---------------|---------------|-----------------|
| 1. | Danielle Bos | ZPC De Zeeuwse Kust | 10:59.52      | 200902946     | <b>11:01.89</b> |
|    | 50m: 37.25   | 100m: 1:17.93       | 200m: 2:41.82 | 400m: 5:29.82 | 800m: 11:01.89  |
| 2. | Lisa Koole   | ZPC De Zeeuwse Kust | 11:06.97      | 200900538     | <b>11:02.85</b> |
|    | 50m: 34.69   | 100m: 1:14.26       | 200m: 2:38.45 | 400m: 5:29.09 | 800m: 11:02.85  |
| 3. | Amy Snijder  | De Schelde          | 12:21.45      | 200801674     | <b>12:20.41</b> |
|    | 50m: 37.81   | 100m: 1:20.34       | 200m: 2:51.37 | 400m: 6:01.03 | 800m: 12:20.41  |

**18 jaar en ouder**

|    |                   |                     |               |               |                 |
|----|-------------------|---------------------|---------------|---------------|-----------------|
| 1. | Priscilla Meerman | ZPC De Zeeuwse Kust | 10:30.00      | 199401428     | <b>10:58.31</b> |
|    | 50m: 33.10        | 100m: 1:09.59       | 200m: 2:28.32 | 400m: 5:14.34 | 800m: 10:58.31  |
| 2. | Merel Hommers     | De Schelde          | 11:50.33      | 200600926     | <b>11:46.06</b> |
|    | 50m: 35.69        | 100m: 1:15.92       | 200m: 2:42.61 | 400m: 5:47.38 | 800m: 11:46.06  |
| 3. | Inge Helder       | Z.V. Zeelandia      | 13:50.62      | 197801242     | <b>13:45.48</b> |
|    | 50m: 42.46        | 100m: 1:32.01       | 200m: 3:17.63 | 400m: 6:50.34 | 800m: 13:45.48  |

Programmanr. 16  
1-3-2026

Heren, 800m vrije slag  
Zeeuwse kampioenschap

12 jaar en ouder  
Resultaten

| rang                | naam           | vereniging    | intijd        | tijd          | RT              |
|---------------------|----------------|---------------|---------------|---------------|-----------------|
| <b>12 - 13 jaar</b> |                |               |               |               |                 |
| 1.                  | Pjotr Dezutter | Scheldestroom | 11:53.95      | 201300125     | <b>11:18.51</b> |
|                     | 50m: 37.39     | 100m: 1:18.95 | 200m: 2:46.52 | 400m: 5:44.22 | 800m: 11:18.51  |

Limiet LAC wedstrijd deel 4  
Terneuzen, 1-3-2026

Programmanr. 16, Heren, 800m vrije slag

14 - 15 jaar

|    |                  |                 |               |               |                 |
|----|------------------|-----------------|---------------|---------------|-----------------|
| 1. | Xander De Jonghe | De Marlijn (SG) | 10:25.93      | 201101095     | <b>10:10.28</b> |
|    | 50m: 33.28       | 100m: 1:09.50   | 200m: 2:24.13 | 400m: 5:00.55 | 800m: 10:10.28  |

16 - 17 jaar

|    |                |               |               |               |                 |
|----|----------------|---------------|---------------|---------------|-----------------|
| 1. | Matthijs Vinke | Scheldestroom | 10:07.34      | 200900105     | <b>10:09.06</b> |
|    | 50m: 31.61     | 100m: 1:07.41 | 200m: 2:21.17 | 400m: 4:53.92 | 800m: 10:09.06  |

18 jaar en ouder

|    |                        |                     |               |               |                 |
|----|------------------------|---------------------|---------------|---------------|-----------------|
| 1. | Mark Legters           | De Schelde          | 10:12.97      | 199303361     | <b>10:05.24</b> |
|    | 50m: 32.96             | 100m: 1:08.83       | 200m: 2:24.44 | 400m: 4:59.13 | 800m: 10:05.24  |
| 2. | Jorn de Klerk          | Z.V. Zeelandia      | 10:08.39      | 199400489     | <b>10:12.25</b> |
|    | 50m: 30.29             | 100m: 1:05.01       | 200m: 2:20.34 | 400m: 4:58.30 | 800m: 10:12.25  |
| 3. | Roderick van Doeselaar | Scheldestroom       | 9:59.92       | 199200261     | <b>10:25.46</b> |
|    | 50m: 32.04             | 100m: 1:09.58       | 200m: 2:29.24 | 400m: 5:10.26 | 800m: 10:25.46  |
| 4. | Sem de Ridder          | ZPC De Zeeuwse Kust | 10:18.15      | 200600631     | <b>10:33.62</b> |
|    | 50m: 33.77             | 100m: 1:11.35       | 200m: 2:31.06 | 400m: 5:12.12 | 800m: 10:33.62  |
| 5. | Pieter de Visser       | De Ganze            | 10:31.00      | 199802045     | <b>10:44.80</b> |
|    | 50m: 31.48             | 100m: 1:07.83       | 200m: 2:25.44 | 400m: 5:08.47 | 800m: 10:44.80  |
| 6. | Pieter Nuijten         | De Marlijn (SG)     | 10:51.98      | 200600043     | <b>11:52.20</b> |
|    | 50m: 35.60             | 100m: 1:16.49       | 200m: 2:43.28 | 400m: 5:43.12 | 800m: 11:52.20  |
| 7. | Matthijs Ruitenbeek    | ZPC De Zeeuwse Kust | 13:19.03      | 197201615     | <b>13:45.19</b> |
|    | 50m: 42.33             | 100m: 1:31.43       | 200m: 3:12.61 | 400m: 6:42.99 | 800m: 13:45.19  |

Programmanr. 17  
1-3-2026

Gemengd, 4 x 50m vrije slag

12 jaar en ouder  
Resultaten

| rang | vereniging               | intijd  | tijd                  | RT    |
|------|--------------------------|---------|-----------------------|-------|
| 1.   | De Marlijn (SG) 2        | 2:04.01 | <b>2:06.70</b>        |       |
|      | Fenna Freyser 13         | 33.70   | Pieter Nuijten 06     | 31.12 |
|      | Thijn van de Walle 11    | 30.61   | Indy Verbist 12       | 31.27 |
| 2.   | De Bruinvis 1            | 2:26.51 | <b>2:31.56</b>        |       |
|      | Daan van de Velde 13     | 32.76   | Jelte Sol 13          | 34.50 |
|      | Sabine Verweel 98        | 40.08   | Daphne Wiskerke 87    | 44.22 |
| 3.   | De Marlijn (SG) 3        | 2:38.89 | <b>2:39.96</b>        |       |
|      | Iris van Tigghelhoven 13 | 45.22   | Petra van Poorten 08  | 43.76 |
|      | Lianne Blommaert 12      | 39.27   | William Raemdonck 11  | 31.71 |
| BM   | De Marlijn (SG) 1        | 1:49.14 | <b>1:48.39</b>        |       |
|      | Lars Klanderma 10        | 26.95   | Ralf van den Hoven 07 | 26.87 |
|      | Jelte van der Kraaij 08  | 27.30   | Xander De Jonghe 11   | 27.27 |
| BM   | ZPC De Zeeuwse Kust 1    | 2:11.78 | <b>2:09.98</b>        |       |
|      | Iris Felius 14           | 33.35   | Elena de Pagter 14    | 36.33 |
|      | Priscilla Meerman 94     | 30.69   | Natasja Forat 77      | 29.61 |